



April 1, 2022

Vermilion Outreach School

5110 – 46 St.
Vermilion, AB
T9X 1G5

Phone: 780-853-2111



TANSI KIYA

A Cree greeting translated to Hi how are you! Allow me to introduce myself, my name is Credence Pierre Francis Berland (Super long name, right?). I am a student at Lakeland college on the brink of finishing my first year of Child and Youth care, it is a two-year course, and I am ecstatic to be starting my practicum at this beautiful school.

I guess my love for the human service field began when I was in grade 6 (I didn't realize it yet), my class once a month would buddy up with a child in grades 1-2 and we'd all walk to church. I never really felt good at it but the way the children fought over me said otherwise, but as time progressed the proof was there that I have a way with youth. With it I was reminded again of my passion when I found work at a Group Home in Onion Lake after I graduated, working with the children I realized my purpose was to help and inspire them to find the answers they needed to hear. When I applied at Lakeland, I was certain this is what I want and when the acceptance letter came in, I've never looked back.

During my first semester I learned a lot about my past trauma and while I learned I also healed because I founded answers to my questions I never received as a youth. It was hard to navigate emotions and do my studies but here I am in this beautiful school full of wonderful youth with so much potential and after all of this it was well worth it. I've met inspiring teachers who want nothing but the best for these children and most importantly work with a passion, I was always told that if you love work it will never feel like it. With the way the teachers are here it seems their home is here, working with passion to help these students be better than who they were yesterday.

During my short time here, I hope to help achieve self-actualization and provide the proper motivational techniques to the youth here for I too come with a passion. A passion to help those achieve their true potential and most importantly helping them realize what they love to do with a passion.

- Credence



SUBMIT YOUR
PAYMENT VIA
PAYPAL



A Learning Experience Designed for You!



Website:

vos.https.ca

School Calendar

[http://vos.https.ca/
Calendar.php](http://vos.https.ca/Calendar.php)



Dates to Remember

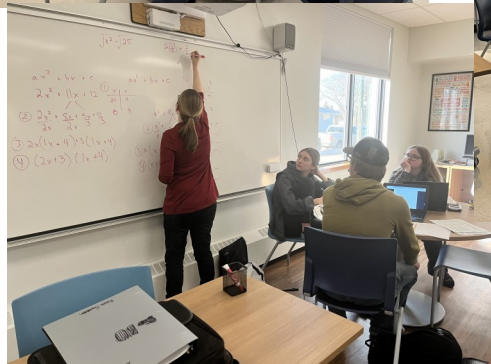
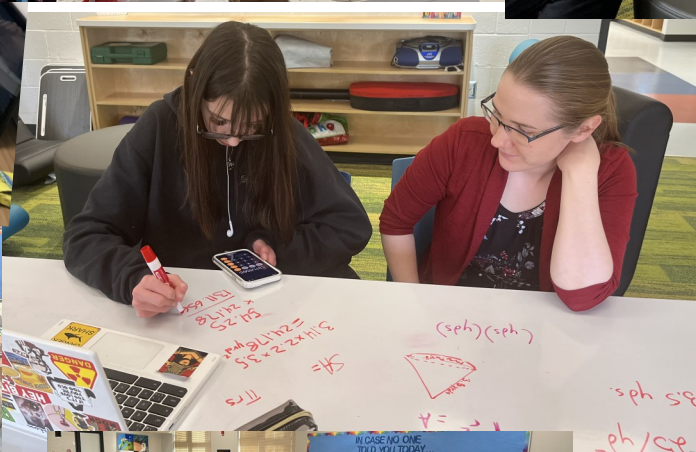
April 7—Green Shirt Day in honour of the Logan Boulet Effect, in support of organ donor awareness and registration across Canada.

<https://greenshirtday.ca/>

May 4—Hats On! for Mental Health Day

On the first Wednesday in May, Albertans are invited to wear a hat to raise awareness of the importance of good mental health.

The View Around Here



Lemonade Day!

NORTHERN ALBERTA
lemonadeday.org/northern-alberta

Saturday
June 18, 2022



What is Lemonade Day?

Lemonade Day is a free, fun, experiential learning program that teaches youth, Kindergarten to high school, how to start, own and operate their own business – a lemonade stand.

Along the way, kids acquire skills in goal-setting, learning solving, and gain self-esteem critical for future success, all while having FUN!

When is it?

Lemonade Day for Northern Alberta is on
Saturday June 18, 2022

Who can participate?

Youth of all ages, from **Kindergarten through High School**, can register to participate in Lemonade Day.
Registration opens on March 1, 2022 and will close June 1, 2022.

Participating Lemonade Day Towns:

Ashmont, Athabasca, Barrhead, Beaverlodge, Beazons, Bonnyville, Camrose, Canyon Creek, Clairmont, Cold Lake, Edson, Elk Point, Fox Creek, Gibbons, Glendon, Grande Cache, Grande Prairie, Grovedale, Hythe, Jasper, Hinton, Kistcotey, Leduc, Legal, Mallala, Mayerthorpe, Morinville, Onoway, Redwater, Sexsmith, Slave Lake, Smoky Lake, Spruce Grove, Stony Plain, St. Paul, Swan Hills, Thorhild, Vegreville, Vermilion, Vlna, Wagner, Wembley, Westlock, Whitecourt, Wideswater and Woodlands County.

How to Register

To register your child for Lemonade Day Northern Alberta go to the website link below.
lemonadeday.org/northern-alberta

How does Lemonade Day work?

Once a child has registered for Lemonade Day, they will then pick a location to attend Lemonade University.

At University each child receives a backpack with an Entrepreneur Workbook where they learn the lessons of Lemonade Day. Our facilitator will guide them through the workbook where they will learn skills like creating budgets, setting profit-making goals, serving customers, repaying investors, and giving back to the community.

After attending Lemmy U kids are eligible to enter their area's "Best Tasting Lemonade Contest" if they choose.

Then on June 18, 2022 all participants will set up their Lemonade Stands in their towns and try their hand at running their own business. On that day they can also enter in their areas "Best Lemonade Stand Contest" as well as the "Best Entrepreneur Contest".

Kids who participate in Lemonade Day keep all the profit their stands make, but the program encourages them to save some, spend some and share some.

Once Lemonade Day is over kids can then enter their business results on the Lemonade Day Northern Alberta website and they will be entered to WIN a New Bike.



10th MENTAL HEALTH Art Celebration

Create art about what mental health or mental illness means to you.

EVERYONE HAS MENTAL HEALTH! Mental health is:

1. How you feel, think, and behave.
2. How you cope with ups and downs.
3. How stress affects you.

WHO CAN ENTER?

Youth must attend a school in: Vermilion, Mannville, Kistcotey, Innisfree, Marwayne, Paradise Valley, Dewberry, School of Hope, Blessed Sacrament School, Blessed Sacrament Outreach School or St. Thomas Aquinas

How Do I Enter?

- Create art about "What does Mental Health or Mental Illness mean to you?" (options include visual art including photography, digital art, canvas, sculpture, multimedia, paper).
- Submit your art entry to your VIBE Coach or your school office by April 14, 2022.
- One entry can be entered for competition, additional pieces can be entered but for display only.

All art will be displayed at the Mental Health Art Gala on May 4th at the Vermilion Regional Center.

Prizes:

All K-6 entries will receive a prize!

Grade 7-9: 1st: \$200.00; 2nd: \$100.00; 3rd: \$50

Grade 10-12: 1st: \$250.00; 2nd: \$150; 3rd: \$75.00

Grade 7-12: 4th-10th place will receive a prize

Top 3 Cash Prize Winners from grade 7-9 and 10-12 categories may become property of VIBE if the winner takes the cash instead of a prize.

Deadline for Art Submissions: Thursday, April 14, 2022

In partnership with:

County of Vermilion River FCSS
Village of Kistcotey FCSS
Village of Marwayne
Mannville, Minburn, Innisfree FCSS
Town of Vermilion FCSS



VIBE & Town of Vermilion FCSS with our partners below are hosting Mental Health First Aide April 6 & 7 Vermilion Regional Centre 8:30a.m. - 4:30 p.m.

To register for this FREE training scan the qr code or go to:
eventbrite to register : <https://www.eventbrite.ca/e/mental-health-first-aid-vermilion-ab-tickets-277088046807>
(Workbook and meals will be provided. Space is limited)

Mental Health First Aide teaches participants how to:

- Recognize the signs and symptoms of mental health problems.
- Provide initial help.
- Guide a person towards appropriate professional help

COMMUNITY FUND.

JOIN US **APRIL 6 & 7, 2022** FOR A
FREE MENTAL HEALTH WORKSHOP
WITH THE **DO MORE AGRICULTURE**
FOUNDATION IN **VERMILION, AB.**

REGISTER BY
SCANNING THE QR
CODE:



Learn more about our Talk Ask
Listen workshop at www.domore.ag

Do More
Agriculture
Foundation



BTPS PINK SHIRT DAY

T-SHIRT DESIGN LOGO CONTEST

CALLING ALL BTPS STUDENTS!

WE NEED YOUR HELP TO DESIGN
OUR 2023 PINK SHIRT DAY LOGO!

SHOW OFF YOUR CREATIVITY AND
YOUR DESIGN COULD BE CHOSEN
AS THE LOGO ON OUR OFFICIAL
2023 BTPS PINK SHIRT DAY
SHIRTS!

GET CREATIVE!

This is a fun, exciting activity and way to get
your individual classes and students involved in
Pink Shirt Day. Our suggestion is that each
student designs a t-shirt with the theme of
Anti-Bullying in mind.

This year we would like our shirts to
feature artwork created by our students

Entry Deadline: JUNE 1, 2022

First Prize:
Design featured on our 2023 BTPS Pink Shirt Day
Official Shirt

Honourable Mentions:
BTPS Backpack

There will also be prizes for schools with the
largest number of participants!

Official Rules

Details

- Designs must only be created in the colour black, on a white 8.5 x 11 paper. Remember, this is a logo design contest not a poster contest. Designs should be simple, clear, and any words need to be legible.
- Designs can include an anti-bullying slogan or words
- Designs must be original, and free of copyright images.
- Grades K-12 are eligible to submit designs.
- Submission grants BTPS the right to reproduce, publicly display and distribute as part of our Pink Shirt Day campaign.

Entries must be submitted via [Google Form](#) and include the student's full name, school, and grade.

To submit an entry, please complete this [Google Form](#).

CONTEST OPENS: MAY 1, 2022

CONTEST CLOSING: JUNE 1, 2022

T-Shirts with the winning design will be available for purchase. More details will be communicated at that time.



Bullying Stops Here
Together we can make a
difference